

NEW

## MPS PTO DIVERSITY, EQUITY, INCLUSION & BELONGING

# Family Resources for January

Each month we will feature a curated list of resources to support conversations about diversity, equity, inclusion, belonging, and kindness at home.

**MLK Day (January 20, 2025)** and [Day of Service activities in Melrose](#), along with **Poverty Awareness Month** throughout January, offer meaningful opportunities to reflect on Dr. Martin Luther King Jr.'s legacy of justice, equality, and service while raising awareness about poverty and its impact. Lunar New Year (January 29, 2025) celebrates the first new moon of the year in many Asian cultures. Below, you'll find a variety of resources to help your family actively engage in and honor these significant observances this January.

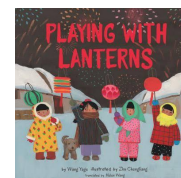
### READ:



The DEIB PTO reps have handpicked these impactful and inspiring books to introduce younger elementary kids to the life and legacy of MLK:

- [Martin's Big Words](#) by Doreen Rappaport
- **I Have a Dream** by Dr. Martin Luther King Jr., illustrated by Kadir Nelson
- **My Brother Martin** by Christine King Farris
- **A Sweet Smell of Roses** by Angela Johnson

### WATCH:



[Gong Xi, Gong Xi](#) - a video of a children's song used to celebrate Chinese New Year.

[PBS KidVision episode](#) about lion dance, a tradition of Chinese New Year.

These titles teach students about how different cultures celebrate lunar new year:

- **Bringing in the New Year** by Grace Lin
- **Playing with Lanterns** by Wang Yage
- **Tomorrow is New Year's Day** by Aram Kim
- **This is Tet** by Tam Bui

### LISTEN:

[The Plate Show Podcast \(PBS\) episode Happy Lunar New Year!](#) - a comedy podcast for kids about different foods eaten during lunar new year.

Magic of Storytelling | [Nat Geo Kids: Martin Luther King, Jr.](#)



### RESOURCES/CELEBRATE:

The Food Drive has provided a helpful list of food resources on their website.



All are welcome to visit the [The Pantry of Hope](#) for free homemade meals donated by local volunteer cooks! Tuesdays 3-5 pm at Melrose First Baptist Church, 561 Main Street, Melrose. More info [here](#).

[Lunar New Year family friendly events](#) happening in the greater Boston area - most of which have lion dancing, kids activities and opportunities to learn more about the year of the snake.

