

NEW

MPS PTO DIVERSITY, EQUITY, INCLUSION & BELONGING

Family Resources for December

Each month we will feature a curated list of resources to support conversations about diversity, equity, inclusion, belonging, and kindness at home.

International Day of Persons with Disabilities (December 3) and **Human Rights Day** (December 10) recognize the rights & wellbeing of the disability community, and all fundamental and protected human rights. Find a variety of resources below to help your family honor these important observances this December.

READ:

A resource for **parents and caregivers** to help raise kind & inclusive kids:

[Demystifying Disability: What to Know, What to Say, and How to Be an Ally](#) by Emily Ladau

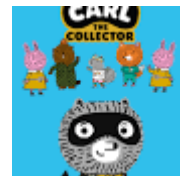


A **children's book** [on this list](#) to learn about disability experiences through stories that center a character with a disability. The DEIB PTO reps also recommend:

- Can I Play Too? by Mo Willems
- Rescue & Jessica by Jessica Kensky
- Just Ask! by Sonia Sotomayor

WATCH:

[Our fight for disability rights -- and why we're not done yet](#) (YouTube) a TedTalk by Judy Heumann that highlights accessibility in education.



[Carl the Collector](#) (PBS Kids) - a show that features neurodiverse characters and is designed to celebrate and expand perspectives of autism.

LISTEN:

To any one of the episodes in [this roundup](#) of kid podcasts curated for Disability Pride Month. These podcasts honor stories that feature people with a wide range of differences. Podcasts like these can help kids with disabilities feel seen in their experiences, and also build a sense of allyship for non-disabled kids and families.



CELEBRATE:

By learning about how to use affirming, [person-first](#) and [identity-first language](#) in your speaking and writing about people with disabilities.

