

NEW

MPS PTO DEIB (DIVERSITY, EQUITY, INCLUSION & BELONGING)

Family Resources for October

Each month we will feature a curated list of resources to support conversations about diversity, equity, inclusion, belonging, and kindness at home.

READ:



September 15 through October 15 is a time each year when Americans recognize and celebrate the histories, cultures, and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America.

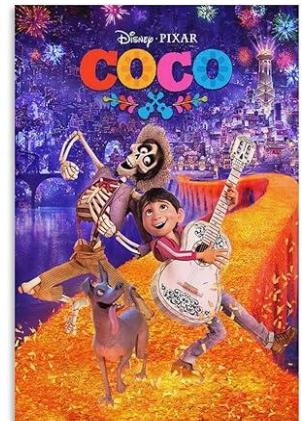
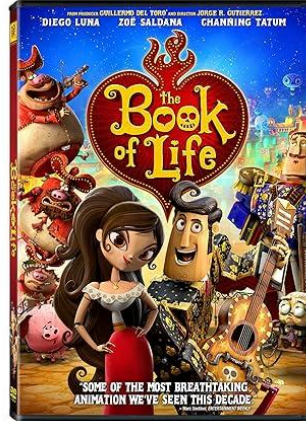
The Melrose Public Library has curated the following book lists - [Hispanic Heritage Month Books for Kids](#) and to go along with this year's 2024 theme, [Hispanic Heritage Month Books for Kids - Pioneers of Change](#).

LISTEN:

To the theme song for [Alma's Way](#) on PBS Kids. PBS author Natalia Quintana-Feliciano writes "As a Puerto Rican, I realized I had been waiting for something like this my whole life - this feeling of my community being represented. I felt seen".

Keep watching and listening as even after the theme song is over Quintana-Feliciano notes "...how special it is to hear Alma use 'Mami' and 'Papi' to address her parents?"

WATCH:



Have a movie night! Both *The Book of Life* and *Coco* can introduce children to time-honored traditions within the culture!



Both movies can be streamed on Disney+

CELEBRATE:

All Month Long

- Filipino American History Month
- LGBTQ History Month
- Global Diversity Awareness Month

September 15- October 15 - Hispanic Heritage Month

October 2-4 - Rosh Hashanah

The Jewish new year is celebrated with prayer, traditional foods such as challah and the sound of the shofar (a curved ram's horn blown into 100 times).

October 10 - World Mental Health Day

Raising awareness of mental health issues around the world and mobilizing efforts in support of mental health

October 11-12 - Yom Kippur

The holiest Judaic holiday centered around atonement and repentance, celebrated with prayer and fasting

October 14 - Indigenous Peoples' Day

Honoring the culture, contributions, and history of the Native American, Indigenous, and First Nations Peoples