

MPS PTO DIVERSITY, EQUITY, INCLUSION & BELONGING Family Resources for November

Each month we will feature a curated list of resources to support conversations about diversity, equity, inclusion, belonging, and kindness at home.

For **November**, we are highlighting two important days: the **International Day of Tolerance** on November 16, which encourages understanding and acceptance of diverse cultures and perspectives, and Thanksgiving on November 23, recognized by some as a **Day of Mourning** to honor the history and resilience of the indigenous Pawtucket and Naumkeag tribes whose land we inhabit.

READ:

"We're All Wonders" by R.J. Palacio - A picture book adaptation of the novel "Wonder, focusing on themes of kindness and tolerance.

"I'll Walk With You" by Carol Lynn Pearson - A tender poem about loving and accepting others, no matter what they look like, where they come from, or what their age and abilities are.

"This Land" by Ashley Fairbanks - Will spark curiosity and encourage readers to explore the history of the places they live and the people who have lived there throughout time.

WATCH:

"Zootopia" - (Disney+) An animated film that addresses prejudice and the importance of understanding and accepting differences.

"Molly of Denali" (PBS Kids) - This animated series follows the adventures of Molly, a 10-year-old Native Alaskan girl, and provides insights into Native Alaskan culture and traditions.

"We Shall Remain" (PBS) - While this is a documentary series aimed at older audiences, certain segments or episodes can be adapted for younger viewers with parental guidance.

LISTEN:

"Circle Round" - This podcast adapts folktales from around the world into engaging audio stories for kids. Episodes like "The Lion's Whisker" and "The Fire on the Other Side of the World" include stories from Native American traditions.

"The Children's Hour" - This podcast offers educational content for kids, including episodes that focus on Native American history and culture. Look for episodes like "Native American Heritage" that feature stories, music, and interviews with Native American guests.



CELEBRATE:

Land Acknowledgment - Begin your Thanksgiving celebration with a land acknowledgment, recognizing the indigenous tribes who originally inhabited the land. Learn more about the indigenous people who inhabited this area on the <u>City of Melrose</u> instagram page.

Sample acknowledgment to be adapted:

Before we begin our Thanksgiving celebration, we would like to take a moment to acknowledge the land on which we gather. We recognize that we are on the traditional and ancestral lands of the Pawtucket and Naumkeag tribes.

We honor and respect the enduring relationship that exists between these indigenous peoples and their traditional territories. We acknowledge the painful history of genocide and forced removal from this territory, and we honor and respect the many diverse indigenous peoples still connected to this land on which we gather.

As we celebrate today, let us reflect on the significance of this land acknowledgment and commit to learning more about the history and culture of the Pawtucket and Naumkeag tribes. Let us also strive to support indigenous communities and their efforts to preserve their heritage and traditions.